

**Quincy Notre Dame Cross Country
Top 5 and 7 Average Times
Girls – 3.0 Miles**

Jacksonville (2.95)

2002 20:37
2003 21:14
2004 DNR
2005 DNR
2006 21:09 22:00
2007 22:21 23:06
2008 23:05 23:37
2009 24:32 25:23
2010 23:03 24:18

Canton (3.0)

2002 23:29
2003 24:09
2004 26:24
2005 23:36
2006 23:27 24:07
2007 22:43 23:34
2008 23:39 24:04
2009 25:28 26:04
2010 23:44 24:48

Springfield Invite (3.0)

2006 21:59 22:48
2007 22:39 23:27
2008 24:17 25:13
2009 24:48
2010 24:37

South Park (3.0)

2002 23:25
2003 23:02
2004 23:05
2005 23:39
2006 22:17 23:14
2007 22:15 23:00
2008 22:02 22:36
2009 23:22 23:59
2010 23:57 26:03

Monmouth (3.0)

2002 21:30
2003 21:48
2004 21:26
2005 21:03
2006 21:50 22:58
2007 21:12 21:53
2008 22:19 23:11
2009 24:17 25:19
2010 23:15 24:28

Macomb Invite (3.0)

2002 22:00
2003 21:48
2004 21:44
2005 22:07
2006 21:35 22:42
2007 21:52 22:25
2008 21:59 23:04
2009 23:20 24:11
2010 22:53 24:20

QHS (3.0)

2002 23:04
2003 23:12
2004 22:12
2005 21:27
2006 20:42 21:31
2007 21:47 22:21
2008 22:43 23:51
2009 24:09 25:06
2010 22:56 23:53

Liberty (3.0)

2002 22:36
2003 23:58
2004 22:15
2005 21:31
2006 21:19 22:09
2007 23:48 24:13
2008 21:36 22:35
2009 23:21 24:33
2010 23:48 24:44

Carlinville (3.0)

2002 21:22
2003 22:03
2004 21:22
2005 20:43
2006 20:28 21:00
2007 22:07 22:18
2008 20:41 21:24
2009 21:14 21:57
2010 21:57 23:06

MS-6 Detweiller (3.0)

2007 22:10 22:30
2008 21:00 21:44
2009 22:11 23:00
2010 22:20 23:04

Mexico (3.1)

2004 23:14
2005 22:53
2006 22:30 23:18
2007 24:05 24:23
2008 22:06 23:04
2009 24:21 25:33
2010 24:31 25:30

Macomb Regional (3.0)

2002 21:38
2003 22:15
2004 22:51
2005 21:19
2006 DNR
2007 DNR
2008 DNR
2009 22:43 23:45
2010 21:48 22:21

Elmwood Sectional (3.0)

2002 21:44
2003 22:24
2004 22:09
2005 21:17 21:40
2006 DNR
2007 DNR
2008 DNR
2009 22:11 23:03
2010 22:32 23:14

**Jacksonville Regional
(AA) (2.95)**

2007 21:25 21:45
2008 20:41 21:50
2009 DNR

2007 25:08 25:37
2008 24:39 25:42
2009 DNR
2010 DNR

**Centralia Sectional (AA)
(3.0)**

2006 21:20 22:19
2007 DNR
2008 21:45 22:32
2009 DNR

**Woodruff Detweiler
(3.0)**

2002 21:47
2003 22:54
2004 22:39
2005 23:16
2006 DNR
2007 DNR
2008 DNR
2009 DNR

Patriot Detweiler (3.0)

2003 22:25
2004 22:01
2005 DNR
2006 DNR
2007 DNR
2008 DNR
2009 DNR

**Springfield Regional
(AA) (3.0)**

2006 21:19 22:06
2007 DNR
2008 DNR
2009 DNR

Troy (3.1)

2004 21:54
2005 DNR
2006 23:15 24:08
2007 25:01 25:32
2008 23:09 23:51
2009 DNR

Fulton (3.1)

2005 23:08
2006 23:39 25:04
2007 22:48 23:20
2008 23:14 24:06
2009 22:49 24:03

Hannibal (3.1)

2004 23:34
2005 22:47
2006 23:00 24:22